



Batch 4 (Damaru)

**HINDUSTHANI TAALAVAADYA TABLA
JUNIOR GRADE 1st Year 2026 - 27**

COURSE OUTLINE

INTRODUCTION

The tabla is a traditional Indian percussion instrument consisting of a pair of small, hand-played drums. It has been a significant part of Indian classical music for centuries, providing rhythmic accompaniment to various genres such as Hindustani and Carnatic classical music. The instrument comprises two drums: the smaller, higher-pitched drum is called the "dayan," while the larger, lower-pitched drum is the "bayan." Tabla players use a combination of finger and hand movements to produce intricate rhythms and patterns, creating a dynamic and expressive element in Indian music performances.

Pascual is providing a unique opportunity for students to learn Hindusthani Taala vaadya in a systematic curriculum and a clear path of progression.

OVERALL OBJECTIVES

1. **Fundamental Rhythms:** Develop a strong foundation by mastering basic tabla rhythms (taals) such as Teental and Dadra.
2. **Hand Technique:** Focus on precise hand movements and finger control to produce clear and distinct sounds on different parts of the tabla (dayan and bayan).
3. **Bol System:** Learn the bol system, which consists of mnemonic syllables used to represent different strokes on the tabla. This is crucial for understanding and memorizing compositions.
4. **Compositions:** Work on traditional tabla compositions (bandishes) to enhance your repertoire and gain a deeper understanding of rhythmic patterns and structures.
5. **Speed and Precision:** Gradually increase your speed while maintaining accuracy in your playing. This involves practicing with a metronome and gradually pushing your limits.
6. **Accompaniment Skills:** Learn how to accompany other instruments or vocalists, understanding the role of the tabla in different musical settings.
7. **Improvisation:** Develop the ability to improvise within the framework of a given taal or composition, showcasing creativity while staying within traditional rhythmic structures.
8. **Listening Skills:** Cultivate a keen ear by listening to various tabla performances, understanding different playing styles, and recognizing the nuances in rhythm.
9. **Understanding Tala:** Gain a deep understanding of the concept of tala (rhythmic cycle) and its variations, and how it is applied in different musical contexts.
10. **Performance Confidence:** Build confidence in performing solo or as an accompanist, understanding the nuances of stage presence and connecting with the audience.

Method of Assessment			
SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1	September/October/ <u>November</u>	10
2	Practical Assessment 2	December/January/ <u>February</u>	10
3	Practical Assessment 3	March/ <u>April</u> / May	20
	Project Submission, Dairy,Notes		5+5=10
	Total		50

Note: Performance may be in group but marks will be allotted individually.

Schedule of Teaching

Periods	Date	Topic	Subtopic	Class activity
1	Jun-05	Introduction to Tabla Basics	Benefits & Learning Method of Tabla	Explanation Writing, Playing & Practicing Taal on Hand
		Part – 1	2 Matra Bols – Ti ta	
			3 Matra Bols – Ka ti ta	
2	8	Basics	Revision	
		Part -1	3 Matra Bol – Di ti ta (Letars)	
3	10	Basics	Revision	
		Part -1	3 Matra – Na ti ta	
4	12	Basics	1,2,3 and 4 Bol Revision	
		Basics	Finger Movement (Riyaz)	
6	15	Basics in Tabala	4 Matra Bol - Keketita	
		Part - 2	4 Matra Bol - Gegetita	
7	17	Basics	Revision	
		Part - 2	4 Matra Bol - Gegetita	
8	19	Basics	Revision	
		Part - 2	4 Matra Bol – Tirakita	
9	22	Basics	Revision	
			2 Tempo practice	
10	24	Basics	6 Matra Bol - Tirakitataka	
		Basics	Revision,	
12	29	Basics	Na +Ge =Dhadha	
			Dhadha Dhadha [2 times]	
13		Basics	Revision	
			Tha tha, Dhin, Tin , Kath	
14	Jul-01	Basics	Revision	
			Part -1 , Part -2	
		Taala – Dadra	Introduction	
			1 2 3 4 5 6 Dha Dhi Nna Dha Tho Nna	
15	3	Basics	Revision	
		Taala – Dradra	Revision	
16	6	Taal – Dhadra	Different Type - 1	
		Badal Theka	Dha Dhi Nana DhaThu Nana	
17	8	Taal – Dadra	Different Type – 1 Revision	
		Badal Theka	Revision	

Periods	Date	Topic	Subtopic	Class activity
18	10	Taal - Dadra	Different Type - 2	Explanation Writing, Playing & Practicing Taal on Hand
		Badal Theka	Dha Dhi Nati DhaThu Nati	
19	13	Taal - Dadra Badal Theka	Different Type – 2 Rivision	
		Basics	Revision	
20	15	Taal – Dadra	Different Type – 3 Dha Dhi Na ka DhaThu Na ka	
		Basics	Revision	
21	17	Taala - Dadra	Rivision	
		Badal Theka	Revision	
22	20	Dadra	Different Type - 4	
		Badal Theka	Dha Tira kita Tha Dhi Na	
23	22	Dadra	Revision	
		Basics	Revision	
24	25	Dadra Badal Theka	1, 2, 3, 4 Types Revision	
			Rivision	
25	27	Taal – Keherva	Introduction and Theka bol	
			1 2 3 4 5 6 7 8	
			Dha Ge Na Ti Na Ka Dhi Na	
26	29	Taal – Keherva	Revision	
		Basics	Revision	
27	31		Type - 1 1 2 3 4 5 6 7 8	Explanation Writing, Playing & Practicing Taal on Hand
		Badal Theka	Dha Dhi Na Na Tha Ti Na Na	
28	Aug-03	Taal – Keherva	Revision	
		Basics	Revision	
29	5	Taal – Keherva	Type -2	
		Badal Theka	Dha Dha Ti Ta Tha Tha Dhi Na	
30	7	Taal – Keherva	Revision	
		Badal Theka		
31	10	Taal – Keherva	Type –3	
		Badal Thekha	Dha Dha Tira Kita Tha Tha Dhi Na	
32	12	Taal – Keherva	Revision	
		Badal Theka		
		Basics	Part – 1 Revision	
33	14	Taal – Keherva	Type – 4	
		Badal Theka	Dha Ti Tha Tha Tha Ti Dha Dha	
		Basics	Part – 2 Revision	
34	17	Taal – Keherva	Different Type -4 Revision	
		Badal Theka		
35	19	Basics	Part - 1 Revision	
		Basics	Part – 2 Revision	
		Theory	Paribhashika Shabdagalu Matra Taal, Theka Laya	
36	21	Basics	Part - 1 Revision	
		TeenTaal Dilli kayda	Prakara – 1	
		TeenTaal Dilli kayda	Prakara –1 Revision [Finger Method Practice]	

Periods	Date	Topic	Subtopic	Class activity
37	24	Basics	Part - 1 Revision	
		TeenTaal Dilli kayda	Revision [10 times]	
38	28	Basics	Revision	
		TeenTaal Dilli kayda	Palta or Prakara - 2	
39	31	Basics	Part -2 Revision	
		TeenTaal Dilli kayda	Revision	
40	Sep-02	Basics	Revision	
		TeenTaal Dilli kayda	Palta – 3 Revision	
41	4	Basics	Revision	
		TeenTaal Dilli kayda	Palta – 4	
42	7	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand (Practical-1)
		TeenTaal Dilli kayda	Revision	
43	9	Basics	Revision	
		TeenTaal Dilli kayda	Paltas – 1,2,3 & 4	
44	Oct-05	Basics	Part – 1 & 2	
		TeenTaal Dilli kayda	Paltas – 1,2,3 & 4 Revision	
45	7	Basics	Revision	
		TeenTaal Dilli kayda	Palta - 5	
46	9	Basics	Revision	
		TeenTaal Dilli kayda	Revision	
47	26	Basics	Revision	
		TeenTaal Dilli kayda	Palta - 6	
48	28	Basics	Revision	
		TeenTaal Dilli kayda	Revision	
49	30	Basics	Revision	
		TeenTaal Dilli kayda	Palta - 7	
50	Nov-02	Basics	Revision	
		TeenTaal Dilli kayda	Revision	
51	4	Basics	Revision	
		TeenTaal Dilli kayda	Palta - 8	
52	6	Basics	Revision	
		TeenTaal Dilli kayda	Revision	
53	11	Basics	Revision	
		TeenTaal Dilli kayda	Paltas – 5,6,7.& 8 Revision	
54	13	Basics	Revision	
		TeenTaal Dilli kayda	Paltaas – 1,2,3,4,5,6,7 & 8	
			Revision	
55	16	Basics	Revision	
		Teen Taal Badal Theka	Type -1 (Different techniques)	
56	18	Basics	Revision	
		Teen Taal Badal Theka	Revision	
57	20	Basics	Revision	
		Teen Taal Badal Theka	Type - 2	
58	23	Basics	Revision	
		Teen Taal Badal Theka	Revision	
		Theory	Characteristics of Taala	
59	25	Basics	Revision	
		Teen Taal Badal Theka	Type - 3	
60	30	Basics	Revision	
		Teen Taal Badal Theka	Revision	
61	Dec-02	Basics	Revision	
		Teen Taal Badal Theka	Type - 4	

Periods	Date	Topic	Subtopic	Class activity
62	4	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand
		Teen Taal Badal Theka		
63	7	Basics	Revision	
		Teen Taal Badal Theka		
64	9	Basics	Revision	
		Teen Taal Badal Theka	Type – 1,2,3, & 4 Revision	
65	11	Basics	Different style Part - 1	
		Teen Taal Purab kayda	1 st palta	
66	14	Basics	Revision , Dugan Laya, palta - 1	
		Teen Taal Dilli kayda		
67	16	Basics	Revision , Dugan Laya Palta - 2	
		Teen Taal Dilli kayda		
68	18	Basics	Revision	
		Teen Taal Purab kayda	2 nd palta	
69	21	Basics	Revision, Dugan Laya Palta - 2	
		Teen Taal Dilli kayda		
		Theory	Paribhashika shabdagalu Vadan , Sam, Husi [Khali] ,Pettu, Vilambit, maddya laya, Drut laya	
70	23	Basics	Revision	
		Teen Taal Purab kayda	3 rd palta	
71	28	Basics	Revision	
		Teen Taal Purab kayda	4 th palta	
72	30	Basics	Revision, Dugan Laya Palta - 4	
		Teen Taal Dilli kayda		
73	Jan-01	Basics	Revision	
		Teen Taal Purab kayda	5 th palta	
74	4	Basics	Revision , Dugan Laya Palta - 5	
		Teen Taal Dilli kayda		
75	6	Basics	Revision	
		Teen Taal Purab kayda	6 th palta	
76	8	Basics	Revision , Dugan Laya Palta - 6	
		Teen Taal Dilli kayda		
77	11	Basics	Revision	
		Teen Taal Purab kayda	7 th palta	
78	Feb-08	Basics	Revision , Dugan Laya Palta - 7	
		Teen Taal Dilli kayda		
79	10	Basics	Revision	
		Teen Taal Dilli kayda	Dugn Laya Palta - 7	
80	12	Basics	Revision	
		Saat sangat	Introduse	
		Theory	Importance of Basics	

Periods	Date	Topic	Subtopic	Class activity
81	15	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand (Prctical - 2)
		Saat sangat		
82	17	Basics	Revision	
		Saat sangat	Method	
83	19	Basics	Revision	
		Saat sangat	Playing the Tabla with singing	
84	22	Basics	Revision	
		Saat sangat	Importance	
		Theory	Details in All Taalas	
85	24	Basics	Revision	
		Saat sangat	Playing the Tabla with singing defferent style	
86	26	Basics	Revision	
		Tabla solo	Introduction	
87	Mar-01	Basics	Revision	
		Tabla solo	Method	
88	3	Basics	Revision	
		Tabla solo	Introduction of Peskar, Different kayda	
89	5	Basics	Revision	
90	Apr-01	Basics	Revision	
		Tabla solo	Introduction of Mukda ,	
91	2	Basics	Revision	Explanation Writing, Playing & Practicing Taal on Hand
		Tabla solo	Introduction of Chalan	
92	3	Basics	Revision	
		Tabla solo	Importance of Tabla	
93	5	Basics	Techniques to Produce Rhythm Sense	
		Taala	Practicing method of Taala	
94	6	Basics	Combination of Different Hand Movements and Finger Strikes	
		Kayda & Taal	Practicing method of Kyada	
95	7	Basics	Improvisation of Laya	
		Taala	Introduction Chakradar	
96	8	Basics	Revision	
			Sound Culture, Taala	
		Taala	Different Layakri	
		Theory	Taala indetail, Elements of Tabla	
		Kayda & Taal	Introduction and Method	
97	9	Basics	Theory - Paribhashika shabdagalu and Characteristics of Taal , Project work on Kayda & Taala ,	
98	10	Practical	Old Question papers solving (Practical)	
99	12	Theory	Old Question papers solving (Theory)	
100	13	Practical	Old Question papers solving (Practical)	
101	14	Theory	Old Question papers solving (Theory)	
102	15	Teen Taal Purab kayda	Revision	

Periods	Date	Topic	Subtopic	Class activity
103	16	Taalas	Revision	Assessing Based on Tabla & Writing (Practical - 3)
104	17	Basics part -1	Paribhashika shabdagalu	
105	19	Theory	Revision	
106	20	Teen Taal Dilli kayda	Revision	
107	21	Teen Taal Badal Theka	Revision	
108	22	Basics part - 2	Paribhashika shabdagalu	
109	23	Theory	Old Question papers solving (Theory)	
110	24	Practical	Old Question papers solving (Practical)	